

## Domestic Abuse Case Study with Outreach

A 14 year old male witnessed domestic abuse many times and this had affected his behaviour, both at home and school. The school had reported the high levels of antisocial, violent and abusive behaviour toward both peers and teachers. The Outreach service met with the young male on a regular basis in order to establish a relationship of trust and allow the young male to want to change his behavioural patterns. The Outreach had arranged for the young male and his father to watch a Chesterfield football match after a breakthrough where the young person had identified that he wanted to change his behaviour by engaging in football. The Outreach also facilitated a meeting with a volunteer football coaching group for him to join as a helper at this group. This was in order for the young male to engage with the other people and teach them football tactics. Feedback from the group was positive, with a notable difference such as regular attendance, positive behavioural patterns. The school also noted similar changes.

The young male contacted the Outreach service some time after this to arrange a meeting with his identified worker. He wanted to talk through his ordeal, emotions and horrors witnessed from a young age. This was a major breakthrough, which allowed a discussion on the journey he has made and which parts have made a difference. The young male identified how he had changed since the ordeal and how he can further develop himself. He has since joined the Derbyshire Youth Forum, Sea Cadets and is a school gate monitor. He is no longer involved with anti-social behaviour and has changed his group of friends to reflect this.