## **DERBYSHIRE DOMESTIC ABUSE SERVICE DIRECTORY**

## CHILDREN AND YOUNG PEOPLE'S SUPPORT

This is a directory which outlines the domestic abuse services that are available in certain areas throughout Derbyshire. For ease of access, the DA Service Directory has been split into sections which show the type of domestic abuse support available in Derbyshire, as follows:

- Accommodation / Accommodation-based Support
- Community Outreach Support Adults
- Children and Young People's Support (this document)
- High Risk Independent Domestic Abuse Advisor Services
- Perpetrator Interventions
- Target Hardening
- Training and Development

The Derbyshire DA Service Directory will be regularly updated to ensure that it remains current, with additional services added as required. Therefore, it is recommended that the DA Service Directory is not saved on file but, instead, accessed via the link on the Safer Derbyshire website each time.

Should it be apparent that the Derbyshire DA Service Directory requires further additions or amendments, please email <a href="mailto:community.safety@derbyshire.gov.uk">community.safety@derbyshire.gov.uk</a> so that the directory can be updated as quickly as possible. Please note, some service descriptions may appear more than once due to being repeated under different sections of the directory.

## CHILDREN AND YOUNG PEOPLE'S SUPPORT

Organisation Name	Crossroads Derbysh	nire, Derbys	hire WISH	and The Eln	n Foundation						
Name of Service / Project	Derbyshire Domest	Perbyshire Domestic Abuse Support Services									
Description	consortium. These	mmunity based support in the County Council area is commissioned to the Derbyshire Domestic Abuse Support Services insortium. These services include specific support services for children who have experienced or witnessed domestic use, whether or not the adult engages in community support. Support is offered on a one-to-one basis or in small, geted groups.								nestic	
Geographical area	City	cy County Amber Bolsover Chesterfield Derbyshire Erewash High North South									
covered			Valley			Dales		Peak	East		
		Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	
Referral route	Derbyshire Domest	ic Abuse He	elpline			•					
Contact details	Telephone:			08000 198	3 668						
	Text (particularly if	deaf or har	d of	07534 61	7 252						
	hearing):	aring):									
	Email:			derbyshir	edahelpline@t	heelmfoundat	ion.org.uk				
	Live Chat:			www.thee	elmfoundation	.org.uk					

Organisation Name	Elm / Crossroads / WISH
Name of Service / Project	Choices (Making Positive Choices)
Description	Choices is a programme that aims to support 11-19 year olds who are at risk of perpetrating abuse or displaying controlling behaviour in their relationships. This also aims to address issues around Child and Adolescent to Parent Violence and Abuse (CAPVA) which we are increasingly seeing within our referrals.  The specific aims of the project:  • To address and reduce these abusive tendencies at the earliest possible stage  • To help these children and young people to make positive life choices  • To prevent them from becoming adult perpetrators of Domestic Abuse  Making Positive Choices addresses the issue of abusive behaviours at a young age. The project supports them to make positive life choices and avoid the negative experiences and consequences we see adult perpetrators dealing with as a result of their actions: relationship/family breakdown, losing access to their children, having a criminal record.

Professionals working together greatly increases the chances of a positive outcome for those participating in the programme. Therefore, GPs, teachers, and others working with young people are encouraged to make referrals for those who would benefit from the Choices programme. All practitioners who deliver the Choices programme have undertaken Respect training, a programme developed to address the use of violence and abuse in children and young people's close relationships. The training is recognised by the Youth Justice Board Effective Practice Unit and is currently delivered across a number of Local Authorities and Police Crime Commissioner areas in England. **Family Programme** The Choices practitioners provide support, insight and simple solutions via weekly structured sessions and it takes about 3 months to complete. Sessions are varied and use a variety of tools and techniques. Some sessions are with the whole family, some with the parent and some with the young person. The programme reaches its full potential if both the young person and parent(s)/Carer(s) are involved **Extended Programme (CYP only)** Choices (extended programme) is a programme that aims to support 11-19 year olds who are at risk of perpetrating abuse or displaying controlling behaviour in their familial and/or intimate relationships. Support can be provided either individual or via group work – dependant on need. There is no charge to use this service and the Making Positive Choices programme is now available for referrals. **Geographical area** Amber Valley Derbyshire Bolsover Chesterfield Erewash High North South City County covered Dales Peak East Yes (WISH) Yes Yes Yes Yes (WISH) Derbyshire Domestic Abuse Helpline Referral route **Contact details** 08000 198 668 Telephone Text (particularly if 07534 617 252 deaf or hard of hearing): derbyshiredahelpline@theelmfoundation.org.uk **Email:** Alternatively, for a confidential chat or to arrange an initial assessment for this particular project, please email info@makingpositivechoices.co.uk or complete the initial contact form here. www.theelmfoundation.org.uk Live Chat:

Organisation Name	Crossroads /	The Elm Fo	undation							
Name of Service / Project	SafeAware Pi	feAware Project (formerly WAGS)								
Description		11-19 the t	ools to kee	ep safe in in	essions via dro timate relations					
Geographical area	City	County	Amber	Bolsover	Chesterfield	Derbyshire	Erewash	High Peak	North	South
covered			Valley			Dales			East	
				Elm	Elm	Crossroads		Crossroads	Elm	
Referral route	Derbyshire D	omestic Ab	use Helplir	ne		•				
Contact details	Telephone				08000 198 66	8				
	Text (particul	xt (particularly if deaf or hard of hearing): 07534 617 252								
	Email:	ail: derbyshiredahelpline@theelmfoundation.org.uk								
	Live Chat:				www.theelmf	oundation.org	.uk			

Organisation Name	Glow											
Name of Service / Project	Glow (Relatio	Glow (Relationships without Fear)										
Description	which is desig	ned for te	achers and	school desi	ealthy relation gnated safegua ed for children	rding leads.		·	Ī			
Geographical area	City	County	Amber	Bolsover	Chesterfield	Derbyshire	Erewash	High Peak	North	South		
covered			Valley			Dales			East			
	Yes											
Referral route	Any school ca	Any school can contact direct										
Contact details	Email	mail Sarah.buckley@findtheglow.org.uk										
	Website	www	v.findtheglo	w.org.uk								

Organisation Name	Salcare	Salcare									
Name of Service / Project	CYPIDVA (Chi	CYPIDVA (Children & Young Peoples IDVA)									
Description	aged 6 -17 wi to incorporat The CYPIDVA violence and proactively w support. They as undertake	ith domestice the difference works with domestic about the other local provide ad safety plans	abuse suppent risks pos young peopouse. They can agencies vocacy, emning with vi	poort. The CYF sed to childre ole aged betw offer a traum and profess otional and p ctims, develo	n & Young Peoper Age and young peoper and young peoper of a large and young peoper of a large and young people and young y	-appropriate do ople in today's who are experds led, risk asset that they recestand informational service/care	omestic abus multi-media iencing seric ssed service ive integrate on to victims plan to redu	e awarend society. Ous harm f , which is ed and sea to addres ace the ide	rom intima CYP centred mless mult s these nee	te partner d, working iagency eds as well s.	
Geographical area	City	County	Amber	Bolsover	Chesterfield	Derbyshire	Erewash	High	North	South	
covered			Valley			Dales		Peak	East		
			Yes				Yes				
Referral route	Children and	Young Peop	le's IDVA Re	eferral Form	•	•			•		
Contact details	Salcare, 59 Ra Email: Jordan Office Number Mobile: 0784										

Organisation Name	Salcare
Name of Service / Project	Art Therapy (Psychotherapy)
Description	Part of our wider Family Support Service, our Art Therapy Service offers psychotherapy for children and young people aged 6 - 17 who have witnessed, been involved or lived in a house where there has been Domestic Abuse, current or historic. We have qualified art therapists and trainee art therapists at Salcare. The Art Therapist will help guide clients safely through their feelings through art making and provide therapeutic interventions to assist them to understand and process their feelings, as well as exploring their strengths, resilience and hope for their own future. We also offer creative expressive groups as a wellbeing intervention.

	Professionals	rofessionals can refer young people and children into the Art Therapy service, parents and young people are also welcomed								
	to self-refer. A	o self-refer. Art Therapy sessions will be for one hour a week, and amount of therapy sessions will be dependent on need, or								
	whether the c	lient receive	es individua	I or group th	erapy.					
Geographical area	City	County Amber Bolsover Chesterfield Derbyshire Erewash High North South								
covered		Valley Dales Peak East								
		Yes Yes								
Referral route	arttherapy@s	alcare.org.u	<u>k</u>							
Contact details	Lizzie Nugent									
	Head of Famil	y Support T	eam							
	Salcare, 59 Ra	alcare, 59 Ray Street, Heanor, Derbyshire, DE75 7GF								
	Email: lizzie@	nail: lizzie@salcare.org.uk								
	Office Numbe	fice Number: 01773 764562								
	Working Hou	<b>'s:</b> Monday,	Tuesday, W	Vednesday &	Friday					

Organisation Name	The Elm Four	The Elm Foundation										
Name of Service / Project	Sexual Health	exual Health Sessions										
Description	to sexual hea to address th	lth supplies e barriers to	including on engaging v	ondoms	s, STI ual h	dren and young screening posi nealth services a the hardest gr	tal kits as well a and improve o	as signposting utcomes for t	g and referrals his vulnerable	where nec	essary. Keen	
Geographical area	City	County Amber Bolsover Chesterfield Derbyshire Erewash High Peak North South										
covered			Valley				Dales			East		
Referral route	Derbyshire D	omestic Ab	use Helplin	е	•							
Contact details	Telephone			(	0800	00 198 668						
	Text (particul	larly if deaf	or hard of	(	0753	34 617 252						
	hearing):	ring):										
	Email:	nail: <u>derbyshiredahelpline@theelmfoundation.org.uk</u>										
	Live Chat:			1	www	v.theelmfound	ation.org.uk					

Organisation Name	The Elm Four	ndation									
Name of Service / Project	BRAVE ART /	RAVE ART / Art Therapy									
Description	Therapeutic a	art project	delivered to	o young pe	ople living in ou	r refuges.					
Geographical area	City	County Amber Bolsover Chesterfield Derbyshire Erewash High Peak North South									
covered			Valley			Dales			East		
			Yes	Yes	Yes				Yes		
Referral route	Derbyshire D	omestic Ab	use Helplir	ie	•	•					
Contact details	Telephone				08000 198 668						
	Text (particul	larly if deaf	or hard of		07534 617 252						
	hearing):	ng):									
	Email:	: derbyshiredahelpline@theelmfoundation.org.uk									
	Live Chat:				www.theelmfor	undation.org.u	<u>k</u>				

Organisation Name	The Elm Fou	he Elm Foundation									
Name of Service / Project	CYP IDVA	CYP IDVA									
Description	5-17 years cassessments working to reand well masurvivors kee occurrence co	dvocacy and tailored support and information services to young survivors of domestic abuse and/or sexual exploitation aged 17 years of age who are experiencing significant harm from interpersonal harm and relationship abuse. Needs and risk is sessments and refer high risk cases to MARAC /safeguarding where appropriate. Individualised Safety and Support Plans, orking to reduce risk and meet identified needs including making referrals to other appropriate agencies. Provide an effective and well managed case work service working to targets agreed in the Safety and Support Plan and to act as an advocate for arvivors keeping their safety at the centre of all coordinated responses. Conduct early intervention activities to reduce the accurrence of domestic and sexual violence in communities where it is prevalent and run outreach to groups at high risk, and crease awareness with children and young people who need access to independent support.									
Geographical area	City	County	Amber	Bolso	ver	Chesterfield	Derbyshire	Erewash	High Peak	North	South
covered			Valley				Dales			East	
			Yes	Yes		Yes				Yes	
Referral route	Derbyshire D	erbyshire Domestic Abuse Helpline									
Contact details	Telephone	ephone 08000 198 668									
	Text (particu	larly if deaf	or hard of		075	34 617 252					
	hearing):										

Email:	derbyshiredahelpline@theelmfoundation.org.uk
Live Chat:	www.theelmfoundation.org.uk

Organisation Name	Remedi (& PEGS)
Name of Service / Project	CEASE - Domestic Abuse
	Together Families – Child on Parent Abuse
Description	CEASE Educational
	CEASE Educational is a 1 session program that is delivered in group settings. The session encourages active dialogue and participation,
	guiding young people to recognise abusive behaviour and understand what actions or support can keep them safe.
	Can be done in person or online
	The session is best delivered to groups of 15 people but can be adapted to bigger groups depending on the need
	An assembly can be done but this would be a condensed and non-interactive session
	CEASE Mentoring
	For young people (Ages 13-24) who have witnessed, experienced or are experiencing Domestic Abuse.
	What the program consists of:
	1:1 weekly F2F or online sessions for up to 12 sessions
	Emotional support
	Education around Domestic Abuse and healthy/unhealthy relationship behaviours
	Safety planning if appropriate
	Before making a referral to CEASE:
	A DASH should be explained and completed with the young person if the abuse is still active, and they are willing to do this.
	• For anyone over the age of 16 they should be informed of the Domestic Abuse Service in their area and a referral made if
	they are willing to do this. Mentoring does not replace Domestic Abuse Services; these are still necessary, but we can work alongside them.
	A referral to NCDV can be made if appropriate and the young person is willing to do this.
	• If the abuse is active a safety plan should be put in place with the young person while they are waiting for support to begin.
	• Social services or adult social care need to be contacted if the abuse is still active and(a) There are children in the home (b)
	The young person is vulnerable i.e., physical disabilities or mental health issues or (c) The service is already involved.
	<ul> <li>Please find out if any other services are involved with the young person.</li> </ul>
	Together Families
	For any young person (Age 10-17) who is displaying controlling or coercive behaviours within their home.
	What the program consists of:
	• 12 sessions
	F2F meetings with the whole family

	F2F 1:1 sessions with each member of the family affected											
	Emotional support											
	Safety planning											
	Education around Domestic Abuse and healthy/unhealthy relationship behaviours     Education around managing emotions and heaviours											
	Education around managing emotions and behaviour  Refere making a referred to CEASE.											
	Before making a referral to CEASE:											
	The young person displaying the controlling or coercive behaviours must be willing to participate and engage											
	At least one parent must be willing to participate and engage											
	Participating family members must be living in the same house											
	Always signpost parent(s) to PEGS											
	Signpost parent(s) to CAMHS if appropriate											
	• Social services need to be contacted if(a) The parent(s) feels they need this support (b) Other children within the home are											
	being physically harmed by the young person's behaviours (c) The service is already involved.											
	<ul> <li>Safety plan should be put in place with the parent(s) while they are waiting for support to begin</li> </ul>											
	•	Please find	out if there a	re any other s	ervices involved	with the family/young	g person					
Geographical area	City	County	Amber	Bolsover	Chesterfield	Derbyshire Dales	Erewash	High Peak	North East	South		
covered			Valley									
	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes		
Referral route	Makir	ng a Referral										
	•	For profess	sionals within	DVS a case car	n be made on CN	1S and allocated to th	e DA/TF wai	ting list				
	<ul> <li>For other agencies, completed referral forms can be sent to <a href="mailto:support@dvssupport.org">support@dvssupport.org</a></li> </ul>											
	•	If any furth	er informatio	n is needed, p	lease call 0800 6	12 6505, email the ab	ove email o	molly.flemin	g@dvssuppor	t.org		
	Please include all information and steps taken on referral form/case.											
	•	Please be a	ware there is	only one case	worker for CEAS	E operating within De	rby City and	Derbyshire a	nd due to this	there is		
	a waiting list. A time frame for when support will begin cannot be given at this time.											
Contact details	Telephone: 0800 612 6505											
	Email: support@dvssupport.org											

Organisation Name	NCHA/ Derbyshire Wish
Name of Service / Project	Young Person's Violence Advisor Service
Description	YPVA - YPVA (Young Peoples Violence Advisor), provides higher risk children and young people aged 11-19 with domestic abuse
	support. The CYPIDVA offers age-appropriate domestic abuse awareness and safety planning to incorporate the different risks
	posed to children and young people in today's multi-media society.

	The YPVA works with young people who are experiencing serious harm from intimate partner violence and domestic abuse or										
	familial DA. They offer a trauma informed, needs led, risk assessed service, which is CYP centred, working proactively with other										
	local agencies and professionals, to ensure that they receive integrated and seamless multiagency support. They provide										
	advocacy, emotional and practical support and information to victims to address these needs as well as undertake safety planning with victims, developing an individual service/care plan to reduce the identified risks.										
Geographical area	City	County	Amber	Bolsover	Chesterfield	Derbyshire	Erewash	High Peak	North	South	
covered			Valley			Dales			East		
			Yes			Yes	Yes			Yes	
Referral route	Derbyshire Domestic Abuse Helpline										
Contact details	Telephone 08000 198 668										
	Text (particularly if deaf or hard of				07534 617 252						
	hearing):										
	Email:				derbyshiredahelpline@theelmfoundation.org.uk						
	Live Chat:				www.theelmfoundation.org.uk						

Organisation Name	NCHA/ Derbyshire Wish											
Name of Service / Project	Children's therapeutic Services / BRAVE ART / Art Therapy											
Description	Therapeutic art, drama, dance and talking therapies delivered to young people living in our refuges and within the community.											
Geographical area	City County Amber Bolsover Chesterfield Derbyshire Erewash High Peak North								South			
covered			Valley			Dales			East			
			Yes			Yes	Yes			Yes		
Referral route	Derbyshire Domestic Abuse Helpline											
Contact details	Telephone 08000 198 668											
	Text (particularly if deaf or hard of				07534 617 252							
	hearing):											
	Email:				derbyshiredahelpline@theelmfoundation.org.uk							
	Live Chat:				www.theelmfoundation.org.uk							