**Derbyshire Directory of Domestic Abuse Services**

**Children and Young People’s Support**

This is a directory which outlines the domestic abuse services that are available in certain areas throughout Derbyshire. For ease of access, the DA Service Directory has been split into sections which show the type of domestic abuse support available in Derbyshire, as follows:

* Accommodation / Accommodation-based Support
* Community Outreach Support - Adults
* Children and Young People’s Support (this document)
* High Risk Independent Domestic Abuse Advisor Services
* Perpetrator Interventions
* Target Hardening
* Training and Development

The Derbyshire DA Service Directory will be regularly updated to ensure that it remains current, with additional services added as required. Therefore, it is recommended that the DA Service Directory is not saved on file but, instead, accessed via the link on the Safer Derbyshire website each time.

Should it be apparent that the Derbyshire DA Service Directory requires further additions or amendments, please email [jill.hanrahan@derbyshire.gov.uk](mailto:jill.hanrahan@derbyshire.gov.uk) so that the directory can be updated as quickly as possible. Please note, some service descriptions may appear more than once due to being repeated under different sections of the directory.

**Children and Young People’s Support**

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| **Organisation Name** | Crossroads Derbyshire, Derbyshire WISH and The Elm Foundation | | | | | | | | | |
| **Name of Service / Project** | Derbyshire Domestic Abuse Support Services | | | | | | | | | |
| **Description** | Community based support in the County Council area is commissioned to the Derbyshire Domestic Abuse Support Services consortium. These services include specific support services for children who have experienced or witnessed domestic abuse, whether or not the adult engages in community support. | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes | Yes |
| **Referral route** | Derbyshire Domestic Abuse Helpline | | | | | | | | | |
| **Contact details** | Telephone | | | 08000 198 668 | | | | | | |
| Text *(particularly if deaf or hard of hearing)*: | | | 07534 617 252 | | | | | | |
| Email: | | | [derbyshiredahelpline@theelmfoundation.org.uk](mailto:derbyshiredahelpline@theelmfoundation.org.uk) | | | | | | |
| Live Chat: | | | [www.theelmfoundation.org.uk](http://www.theelmfoundation.org.uk) | | | | | | |

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| **Organisation Name** | Elm / Crossroads / WISH | | | | | | | | | | |
| **Name of Service / Project** | Choices (Making Positive Choices) | | | | | | | | | | |
| **Description** | Choices is a programme that aims to support 11-19 year olds who are at risk of perpetrating abuse or displaying controlling behaviour in their relationships. This also aims to address issues around Child and Adolescent to Parent Violence and Abuse (CAPVA) which we are increasingly seeing within our referrals.  **The specific aims of the project:**   * To address and reduce these abusive tendencies at the earliest possible stage * To help these children and young people to make positive life choices * To prevent them from becoming adult perpetrators of Domestic Abuse   Making Positive Choices addresses the issue of abusive behaviours at a young age. The project supports them to make positive life choices and avoid the negative experiences and consequences we see adult perpetrators dealing with as a result of their actions: relationship/family breakdown, losing access to their children, having a criminal record.  Professionals working together greatly increases the chances of a positive outcome for those participating in the programme. Therefore, GPs, teachers, and others working with young people are encouraged to make referrals for those who would benefit from the Choices programme.  All practitioners who deliver the Choices programme have undertaken Respect training, a programme developed to address the use of violence and abuse in children and young people's close relationships. The training is recognised by the Youth Justice Board Effective Practice Unit and is currently delivered across a number of Local Authorities and Police Crime Commissioner areas in England.  Family Programme  The Choices practitioners provide support, insight and simple solutions via weekly structured sessions and it takes about 3 months to complete.  Sessions are varied and use a variety of tools and techniques. Some sessions are with the whole family, some with the parent and some with the young person. The programme reaches its full potential if both the young person and parent(s)/Carer(s) are involved  Extended Programme (CYP only)  Choices (extended programme) is a programme that aims to support 11-19 year olds who are at risk of perpetrating abuse or displaying controlling behaviour in their familial **and/or** intimate relationships. Support can be provided either individual or via group work – dependant on need.  **There is no charge to use this service and the Making Positive Choices programme is now available for referrals.** | | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | | Bolsover | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  |  | Yes (WISH) | | Yes |  | Yes |  | Yes |  | Yes (WISH) |
| **Referral route** | Derbyshire Domestic Abuse Helpline | | | | | | | | | | |
| **Contact details** | Telephone | | | 08000 198 668 | | | | | | | |
| Text *(particularly if deaf or hard of hearing)*: | | | 07534 617 252 | | | | | | | |
| Email: | | | [derbyshiredahelpline@theelmfoundation.org.uk](mailto:derbyshiredahelpline@theelmfoundation.org.uk)  Alternatively, for a confidential chat or to arrange an initial assessment for this particular project, please email [info@makingpositivechoices.co.uk](mailto:info@makingpositivechoices.co.uk?subject=Making%20Positive%20Choices) or complete the initial contact form [here](https://theelmfoundation.us20.list-manage.com/track/click?u=c424349bce2ee279cba971e41&id=dc172d31ed&e=2344c6295f). | | | | | | | |
| Live Chat: | | | [www.theelmfoundation.org.uk](http://www.theelmfoundation.org.uk) | | | | | | | |

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| **Organisation Name** | Crossroads | | | | | | | | | | |
| **Name of Service / Project** | Me2 - Children's Group Recovery Work | | | | | | | | | | |
| **Description** | Me2 is a support group for children and young people aged between 4 and 15 years old who have experienced domestic abuse. These groups are run across the whole of the service locations and are held in community venues. Run over 8 sessions, they focus on feelings, anger management, self-esteem and families – mainly through creative play. The last session of the programme is designed to celebrate and reward children and young people on their achievements. | | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  |  |  |  | |  | Yes |  | Yes |  |  |
| **Referral route** | Derbyshire Domestic Abuse Helpline | | | | | | | | | | |
| **Contact details** | Telephone | | | | 01457 856675 | | | | | | |
| Text *(particularly if deaf or hard of hearing)*: | | | |  | | | | | | |
| Email: | | | | [admin@crossroadsderbyshire.org](mailto:admin@crossroadsderbyshire.org) | | | | | | |
| Live Chat: | | | | [www.crossroadsderbyshire.org](http://www.crossroadsderbyshire.org) | | | | | | |

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| **Organisation Name** | Crossroads / The Elm Foundation | | | | | | | | | |
| **Name of Service / Project** | SafeAware Project (formerly WAGS) | | | | | | | | | |
| **Description** | The SafeAware programme delivers tailored sessions via drop-in, group programmes and one-to-one sessions giving young people aged 11-19 the tools to keep safe in intimate relationships. Largely delivered within schools and therefore close links established with education services. | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  |  |  | Elm | Elm | Crossroads |  | Crossroads | Elm |  |
| **Referral route** | Derbyshire Domestic Abuse Helpline | | | | | | | | | |
| **Contact details** | Telephone | | | | 08000 198 668 | | | | | |
| Text *(particularly if deaf or hard of hearing)*: | | | | 07534 617 252 | | | | | |
| Email: | | | | [derbyshiredahelpline@theelmfoundation.org.uk](mailto:derbyshiredahelpline@theelmfoundation.org.uk) | | | | | |
| Live Chat: | | | | [www.theelmfoundation.org.uk](http://www.theelmfoundation.org.uk) | | | | | |

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| **Organisation Name** | Glow | | | | | | | | | | |
| **Name of Service / Project** | Glow (Relationships without Fear) | | | | | | | | | | |
| **Description** | This project delivers 6-week age appropriate healthy relationship programmes in schools. They also deliver Twilight Training’ which is designed for teachers and school designated safeguarding leads.  Follow-on 1:1 Support Sessions’ are also offered for children and young people affected by, or identified as being at risk via, programme delivery. | | | | | | | | | | |
| **Geographical area covered** | City | County | | Amber Valley | Bolsover | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
| Yes |  | |  |  |  |  |  |  |  |  |
| **Referral route** | Any school can contact direct | | | | | | | | | | |
| **Contact details** | Email | | [Sarah.buckley@findtheglow.org.uk](mailto:Sarah.buckley@findtheglow.org.uk) | | | | | | | | |
| Website | | [www.findtheglow.org.uk](http://www.findtheglow.org.uk) | | | | | | | | |

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| **Organisation Name** | Salcare | | | | | | | | | |
| **Name of Service / Project** | CYPIDVA (Children & Young Peoples IDVA) | | | | | | | | | |
| **Description** | As part of the Escape team, the CYPIDVA (Children & Young Peoples IDVA), provides higher risk children and young people aged 11-17 with domestic abuse support. The CYPIDVA offers age-appropriate domestic abuse awareness and safety planning to incorporate the different risks posed to children and young people in today’s multi-media society.  The CYPIDVA works with young people aged between 11-17 years who are experiencing serious harm from intimate partner violence and domestic abuse. They offer a trauma informed, needs led, risk assessed service, which is CYP centred, working proactively with other local agencies and professionals, to ensure that they receive integrated and seamless multiagency support. They provide advocacy, emotional and practical support and information to victims to address these needs as well as undertake safety planning with victims, developing an individual service/care plan to reduce the identified risks.  The CYPIDVA also acts as a champion for children & young people by raising awareness of the adverse impact such abuse has on them. | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  |  | Yes |  |  |  | Yes |  |  |  |
| **Referral route** | [referrals@salcare.org.uk](mailto:referrals@salcare.org.uk) | | | | | | | | | |
| **Contact details** | **Olivia Gibson** (She/her)  **Children & Young Peoples Independent Domestic Abuse Advocate (CYPIDVA)**  Salcare, 59 Ray Street, Heanor, Derbyshire, DE75 7GF  Email: [olivia.gibson@salcare.org.uk](mailto:olivia.gibson@salcare.org.uk)  **Office Number:** 01773 764562  **Mobile:** 07483950055  **Working Hours:** Full time | | | | | | | | | |

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| **Organisation Name** | Salcare | | | | | | | | | |
| **Name of Service / Project** | Art Therapy (Psychotherapy) | | | | | | | | | |
| **Description** | Part of our wider Family Support Service, our Art Therapy Service offers psychotherapy for children and young people aged 6 - 17 who have witnessed, been involved or lived in a house where there has been Domestic Abuse, current or historic.  We have qualified art therapists and trainee art therapists at Salcare. The Art Therapist will help guide clients safely through their feelings through art making and provide therapeutic interventions to assist them to understand and process their feelings, as well as exploring their strengths, resilience and hope for their own future. We also offer creative expressive groups as a wellbeing intervention.  Professionals can refer young people and children into the Art Therapy service, parents and young people are also welcomed to self-refer. Art Therapy sessions will be for one hour a week, and amount of therapy sessions will be dependent on need, or whether the client receives individual or group therapy. | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  |  | Yes |  |  |  | Yes |  |  |  |
| **Referral route** | [arttherapy@salcare.org.uk](mailto:arttherapy@salcare.org.uk) | | | | | | | | | |
| **Contact details** | **Odette Andre**  **Art Therapist**  Salcare, 59 Ray Street, Heanor, Derbyshire, DE75 7GF  **Email:** [odette.andre@salcare.org.uk](mailto:odette.andre@salcare.org.uk)  **Office Number:** 01773 764562  **Mobile:** 07483933830  **Working Hours:** Part time (Wednesdays, Thursdays & Fridays) | | | | | | | | | |

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| **Organisation Name** | Salcare | | | | | | | | | |
| **Name of Service / Project** | Adolescent Perpetrator Programme | | | | | | | | | |
| **Description** | This project works with children & young people who have experienced violence in the home who are showing early signs of using violence in their lives – either at school, towards other family members or in their personal relationships.  This 12-week programme is being developed with young people and aims to reduce incidents of challenging, violent or abusive by working with them through 1 to 1 support sessions, group work and Art Therapy. The programme will consist of behavioural change courses for children and adolescents up to 16 years old, who are abusive, violent or using self-destructive behaviour, as a result of having been exposed to domestic abuse within their home environment and will include healthy relationships work, Move On Group work, and Creative Expressive Therapy groups. | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  |  | Yes |  |  |  | Yes |  |  |  |
| **Referral route** | [referrals@salcare.org.uk](mailto:referrals@salcare.org.uk) | | | | | | | | | |
| **Contact details** | **Olivia Gibson** (She/her)  **Children & Young Peoples Independent Domestic Abuse Advocate (CYPIDVA)**  Salcare, 59 Ray Street, Heanor, Derbyshire, DE75 7GF  Email: [olivia.gibson@salcare.org.uk](mailto:olivia.gibson@salcare.org.uk)  **Office Number:** 01773 764562  **Mobile:** 074839 50055  **Working Hours:** Full time | | | | | | | | | |

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| **Organisation Name** | The Elm Foundation | | | | | | | | | | |
| **Name of Service / Project** | Sexual Health Sessions | | | | | | | | | | |
| **Description** | Sexual health sessions delivered as part of children and young people work, where audience is already engaged. Have access to sexual health supplies including condoms, STI screening postal kits as well as signposting and referrals where necessary. Keen to address the barriers to engaging with sexual health services and improve outcomes for this vulnerable group of young people, especially younger males, who are traditionally the hardest group of young people to reach. | | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
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| **Referral route** | Derbyshire Domestic Abuse Helpline | | | | | | | | | | |
| **Contact details** | Telephone | | | | 08000 198 668 | | | | | | |
| Text *(particularly if deaf or hard of hearing)*: | | | | 07534 617 252 | | | | | | |
| Email: | | | | [derbyshiredahelpline@theelmfoundation.org.uk](mailto:derbyshiredahelpline@theelmfoundation.org.uk) | | | | | | |
| Live Chat: | | | | [www.theelmfoundation.org.uk](http://www.theelmfoundation.org.uk) | | | | | | |

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| **Organisation Name** | The Elm Foundation | | | | | | | | | | | |
| **Name of Service / Project** | BRAVE ART / Art Therapy | | | | | | | | | | | |
| **Description** | Therapeutic art project delivered to young people living in our refuges. | | | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | | | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  |  | Yes | Yes | | | Yes |  |  |  | Yes |  |
| **Referral route** | Derbyshire Domestic Abuse Helpline | | | | | | | | | | | |
| **Contact details** | Telephone | | | | | 08000 198 668 | | | | | | |
| Text *(particularly if deaf or hard of hearing)*: | | | | | 07534 617 252 | | | | | | |
| Email: | | | | | [derbyshiredahelpline@theelmfoundation.org.uk](mailto:derbyshiredahelpline@theelmfoundation.org.uk) | | | | | | |
| Live Chat: | | | | | [www.theelmfoundation.org.uk](http://www.theelmfoundation.org.uk) | | | | | | |
| **Organisation Name** | The Elm Foundation | | | | | | | | | | | |
| **Name of Service / Project** | CYP IDVA | | | | | | | | | | | |
| **Description** | Advocacy and tailored support and information services to young survivors of domestic abuse and/or sexual exploitation aged 5-17 years of age who are experiencing significant harm from interpersonal harm and relationship abuse. Needs and risk assessments and refer high risk cases to MARAC /safeguarding where appropriate. Individualised Safety and Support Plans, working to reduce risk and meet identified needs including making referrals to other appropriate agencies. Provide an effective and well managed case work service working to targets agreed in the Safety and Support Plan and to act as an advocate for survivors keeping their safety at the centre of all coordinated responses.  Conduct early intervention activities to reduce the occurrence of domestic and sexual violence in communities where it is prevalent and run outreach to groups at high risk, and increase awareness with children and young people who need access to independent support. | | | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | | | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  |  | Yes | Yes | | | Yes |  |  |  | Yes |  |
| **Referral route** | Derbyshire Domestic Abuse Helpline | | | | | | | | | | | |
| **Contact details** | Telephone | | | | 08000 198 668 | | | | | | | |
| Text *(particularly if deaf or hard of hearing)*: | | | | 07534 617 252 | | | | | | | |
| Email: | | | | [derbyshiredahelpline@theelmfoundation.org.uk](mailto:derbyshiredahelpline@theelmfoundation.org.uk) | | | | | | | |
| Live Chat: | | | | [www.theelmfoundation.org.uk](http://www.theelmfoundation.org.uk) | | | | | | | |

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| **Organisation Name** | Remedi (& PEGS) | | | | | | | | | | | | | | | | | | | |
| **Name of Service / Project** | Got Your Back - Domestic Abuse | | | | | | | | | | | | | | | | | | | |
| **Description** | Two full time GYB practitioners dedicated to providing support in the domestic abuse arena.  The practitioner’s primary role involves delivering support and restorative interventions with young people (aged 14-24) who are experiencing domestic abuse.   **Criteria**: The CEASE practitioner can offer three differing levels of support to young people in the Derbyshire and Derby City area.  **Option one - Educational:** Delivery of our CEASE 4 session programme to young people aged 13-24 years residing in the Derbyshire or Derby City area. This can be delivered in a small group setting or individually and can be remote or face to face. The 4 sessional programme, is for everyone within the 13-24 age bracket, not just young people where a potential risk has been identified. It is important that everyone is aware of abusive behaviour, as anyone can be a potential victim of domestic abuse. The aim of the programme is to help educate young people to recognise the subtle indications of an abusive relationship, and for them to have an understanding, of the options available to them should they encounter or witness such behaviour.  **Option two – Together Families:** Delivery of our Together Families Programme, which involves working intensively with families over a 12-week period where a young person (aged 10 – 17.5 years) is displaying controlling/coercive behaviours towards parents, carers or siblings. The young person must be living with the family home, and be both willing and able to engage with regular sessions throughout the 12 weeks. The Remedi Together Families programme supports families to reduce the frequency and impact of abuse within the family home. We work with the family holistically to develop an outcomes focused family plan, which is supported by an individual support plan for the yp and their parent carer. 1:1 bespoke mentoring work is then undertaken to better understand the needs of each person and to develop strategies, which will support the reduction of abuse within the family home and improve communication and healthy relationships for the longer term.  **Option three - Mentoring:** Intensive 1:1 restorative mentoring for young people aged 14-24 years who are victims of abuse within an intimate relationship. The support provided to the young person will run alongside multi- agency support, and will initially focus on reducing risk, through safety planning and practical support. Restorative work focusses on supporting the young person to move forward following the abuse and may include emotional support, confidence building/ self-esteem/ positive body image exercises, healthy relationships, boundaries and expectations work. This restorative intervention will provide the essential education to reduce the risk of them becoming involved in a future abusive relationship. | | | | | | | | | | | | | | | | | | | |
| **Geographical area covered** | City | | County | | Amber Valley | | Bolsover | | Chesterfield | | Derbyshire Dales | | | Erewash | | High Peak | | North East | | South |
| Yes | | Yes | | Yes | | Yes | | Yes | | Yes | | | Yes | | Yes | | Yes | | Yes |
| **Referral route** | Referral Form Attached | | | | | | | | | | | | | | | | | | | |
| **Contact details** | [support.derbyshirecore@remediuk.cjsm.net](mailto:support.derbyshirecore@remediuk.cjsm.net) Phone support 0800 612 6505 | | | | | | | | | | | | | | | | | | | |
| **Organisation Name** | | Remedi | | | | | | | | | | | | | | | | | | |
| **Name of Service / Project** | | CEASE | | | | | | | | | | | | | | | | | | |
| **Description** | | A team of 3 Restorative Domestic Abuse Practitioners delivering restorative interventions around Domestic abuse to young people in the Derbyshire and Derby City area. The team offer three differing levels of support:  **Option one**: Delivery of our CEASE 4 session programme to young people aged 13-24 years residing in the Derbyshire or Derby City area. This can be delivered in a small group setting and can be remote or face to face. The 4 sessional programme, is for everyone within the 13-24 age bracket, not just young people where a potential risk has been identified. It is important that everyone is aware of abusive behaviour, as anyone can be a potential victim of domestic abuse.  The aim of the programme is to help educate young people to recognise the subtle indications of an abusive relationship, and for them to have an understanding, of the options available to them should they encounter or witness such behaviour.  **Option two:**  Delivery of our Together Families Programme, which involves working intensively with families over a 12-week period where a young person (aged 10 – 17.5 years) is displaying controlling/coercive behaviours towards parents, carers or siblings. The Remedi Together Families programme supports families to reduce the frequency and impact of abuse within the family home. We work with the family holistically to develop an outcomes focused family plan, which is supported by an individual support plan for the yp and their parent carer. 1:1 bespoke mentoring work is then undertaken to better understand the needs of each person and to develop strategies, which will support the reduction of abuse within the family home and improve communication and healthy relationships for the longer term.  **Option three:** Delivery of our 4 session CEASE perpetrator intervention programme for young people aged 13-17, who are displaying controlling or coercive behaviours within their relationships.  This programme is voluntary and supports young people to recognise abusive behaviours and understand the concept of choice and responsibility within a relationship. The impact of harm upon all individuals is explored with a view to developing voluntary behaviour change for the longer term. Restorative exercises are utilised throughout to improve communication and support the young person to express their feelings/needs safely. | | | | | | | | | | | | | | | | | | |
| **Geographical area covered** | | City | | County | | Amber Valley | | Bolsover | | Chesterfield | | Derbyshire Dales | Erewash | | High Peak | | North East | | South | |
| Yes | | Yes | | Yes | | Yes | | Yes | | Yes | Yes | | Yes | | Yes | | Yes | |
| **Referral route** | | Referral Form Attached | | | | | | | | | | | | | | | | | | |
| **Contact details** | | CEASE Derbyshire Team – [ceasederbyshire@remediuk.org](mailto:ceasederbyshire@remediuk.org) | | | | | | | | | | | | | | | | | | |
| **Organisation Name** | | Cotmanhay Community Network | | | | | | | | | | | | | | | | | | |
| **Name of Service / Project** | | Freedom Programme in Erewash | | | | | | | | | | | | | | | | | | |
| **Description** | | Currently have 4 facilitators trained to deliver the programme with 3 of those also trained to deliver the children’s programme. | | | | | | | | | | | | | | | | | | |
| **Geographical area covered** | | City | | County | | Amber Valley | | Bolsover | | Chesterfield | | Derbyshire Dales | Erewash | | High Peak | | North East | | South | |
|  | |  | |  | |  | |  | |  | Yes | |  | |  | |  | |
| **Referral route** | | Contact Cotmanhay Community Network directly. | | | | | | | | | | | | | | | | | | |
| **Contact details** | | Tel: 07907 806 715 / Email: cotmanyhaycommunitynetwork@gmail.com | | | | | | | | | | | | | | | | | | |