**Derbyshire Directory of Domestic Abuse Services**

**Perpetrator Interventions**

This is a directory which outlines the domestic abuse services that are available in certain areas throughout Derbyshire. For ease of access, the DA Service Directory has been split into sections which show the type of domestic abuse support available in Derbyshire, as follows:

* Accommodation / Accommodation-based Support
* Community Outreach Support - Adults
* Children and Young People’s Support
* High Risk Independent Domestic Abuse Advisor Services
* Perpetrator Interventions (this document)
* Target Hardening
* Training and Development

The Derbyshire DA Service Directory will be regularly updated to ensure that it remains current, with additional services added as required. Therefore, it is recommended that the DA Service Directory is not saved on file but, instead, accessed via the link on the Safer Derbyshire website each time.

Should it be apparent that the Derbyshire DA Service Directory requires further additions or amendments, please email [jill.hanrahan@derbyshire.gov.uk](mailto:jill.hanrahan@derbyshire.gov.uk) so that the directory can be updated as quickly as possible. Please note, some service descriptions may appear more than once due to being repeated under different sections of the directory.

**Perpetrator Interventions**

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| **Organisation Name** | NCHA Derbyshire WISH / Elm Foundation / Crossroads | | | | | | | | | | | | | | | | | | |
| **Name of Service / Project** | Changes | | | | | | | | | | | | | | | | | | |
| **Description** | The Changes programme is aimed at standard and medium risk domestic abuse. It is a voluntary intervention for perpetrators of domestic abuse.  The safety of victims and children is paramount. Through practical interventions, the programme aims to reduce a perpetrator’s abusive behaviour and manage risk. It fills the void between a judicial sentence, a high risk and serial offender programme and the abuser who walks away without support and continues to offend.  The Changes programme will: 1. Increase the safety for victims of domestic abuse and their children. 2. Assess and manage risk. 3. Provide services to diverse communities.  4. Support social change. 5. Hold perpetrators to account. 6. Promote respectful relationships. 7. Deliver a co-ordinated response.  8. Evaluation and development.  The Changes project is for those who want to stop their use of violence or abuse, including heterosexual, transgender, and same sex relationships. The programme is delivered in a group and one to one setting in conjunction with a safety worker who will work with victims offering support and safety planning. | | | | | | | | | | | | | | | | | | |
| **Geographical area covered** | City | County | | Amber Valley | | Bolsover | | | Chesterfield | Derbyshire Dales | | Erewash | | High Peak | | North East | | South | |
|  | Yes | |  | |  | | |  |  | |  | |  | |  | |  | |
| **Referral route** | Derbyshire Domestic Abuse Helpline | | | | | | | | | | | | | | | | | | |
| **Contact details** | Telephone | | | | | | | | 08000 198 668 | | | | | | | | | | |
| Text *(particularly if deaf or hard of hearing)*: | | | | | | | | 07534 617 252 | | | | | | | | | | |
| Email: | | | | | | | | [derbyshiredahelpline@theelmfoundation.org.uk](mailto:derbyshiredahelpline@theelmfoundation.org.uk) | | | | | | | | | | |
| Live Chat: | | | | | | | | [www.theelmfoundation.org.uk](http://www.theelmfoundation.org.uk) | | | | | | | | | | |
| **Organisation Name** | Glow | | | | | | | | | | | | | | | | | | |
| **Name of Service / Project** | Drive | | | | | | | | | | | | | | | | | | |
| **Description** | The Drive Project focuses on priority high-risk or serial perpetrators, both male and female, aged 16 and over, as this group carries the greatest risk of serious harm and engage poorly in available services. By addressing perpetrators’ behaviour, Drive targets the root cause of domestic abuse and improves outcomes for victims and children. The key objectives are to:  • Reduce the number of serial perpetrators of domestic abuse • Reduce the number of repeat and new victims • Reduce the harm caused to victims and children | | | | | | | | | | | | | | | | | | |
| **Geographical area covered** | City | | County | | Amber Valley | | Bolsover | Chesterfield | | | Derbyshire Dales | | Erewash | | High Peak | | North East | | South |
| Yes | | Yes | | Yes | | Yes | Yes | | | Yes | | Yes | | Yes | | Yes | | Yes |
| **Referral route** | Via MARAC | | | | | | | | | | | | | | | | | | |
| **Contact details** | [www.findtheglow.org.uk](http://www.findtheglow.org.uk) | | | | | | | | | | | | | | | | | | |

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| **Organisation Name** | Glow | | | | | | | | | | | |
| **Name of Service / Project** | The Keys Project (Male perpetrators of DA) | | | | | | | | | | | |
| **Description** | The Keys Project is a group programme, tailored specifically for men 18+ who genuinely want to stop being abusive to intimate partners. The 30 week programme provides direct support to perpetrators using cognitive behavioural therapy (CBT) to reduce and prevent (escalation of) abuse through intensive risk management and behaviour change strategies. The programme is delivered as 5 x six week mandatory modules which include additional suitability, midway and exit one to one sessions. The interactive sessions help the abuser understand the impact of their abusive behaviour, take accountability for their actions and gain the skills for better healthier relationships and parenting. The keys project works as part of a co-ordinated community response (CCR) model that brings services and partners together to make sure that we keep survivors and their families safe and hold those that use harmful behaviours to account. and address overcome and end domestic abuse. The safety of (ex) partners and children is priority, and an integrated support service (ISS) is an essential part of the programme. It provides 1:1 and coordinated multi-agency support for survivors from the point of perpetrator referral to service exit. | | | | | | | | | | | |
| **Geographical area covered** | City | County | | Amber Valley | Bolsover | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  |  | |  |  |  |  |  |  |  | Yes |
| **Referral route** | Any agency or self referrer | | | | | | | | | | | |
| **Contact details** | Email | | [thekeysproject@findtheglow.org.uk](mailto:thekeysproject@findtheglow.org.uk) | | | | | | | | | |
| Website | | [www.findtheglow.org.uk](http://www.findtheglow.org.uk) | | | | | | | | | |

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| **Organisation Name** | Salcare | | | | | | | | | |
| **Name of Service / Project** | Male Perpetrator Programme (Dena’s Group) | | | | | | | | | |
| **Description** | This project works with male perpetrators aiming to reduce incidents of domestic abuse and increase the safety and wellbeing of victims, including children, at risk of domestic abuse. Standard to medium risk perpetrators will attend an 18-week programme of 1-to-1 support, Group Work and Art Therapy to help them understand the impact of their behaviour and learn skills to change their behaviour.  Domestic abuse victims will benefit from Salcare’s integrated partner support service, leading to improvement in self-confidence, self-esteem and wellbeing. Any children can also benefit from closer involvement of our Family Support Service’s Children & Young Peoples Independent Domestic Abuse Advocate (CIDVA). | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  |  | Yes |  |  |  | Yes |  |  |  |
| **Referral route** | [referrals@salcare.org.uk](mailto:referrals@salcare.org.uk) | | | | | | | | | |
| **Contact details** | **Lizzie Nugent**  **Deputy Director of Services**  Salcare, 59 Ray Street, Heanor, Derbyshire, DE75 7GF  **Email:** [lizzie@salcare.org.uk](mailto:lizzie@salcare.org.uk)  **Office Number:** 01773 764562  **Mobile:** 07875525399  **Working Days:** Mondays to Wednesdays & Fridays | | | | | | | | | |

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| **Organisation Name** | Salcare | | | | | | | | | |
| **Name of Service / Project** | Adolescent Perpetrator Programme | | | | | | | | | |
| **Description** | This project works with children & young people who have experienced violence in the home who are showing early signs of using violence in their lives – either at school, towards other family members or in their personal relationships.  This 12-week programme is being developed with young people and aims to reduce incidents of challenging, violent or abusive by working with them through 1 to 1 support sessions, group work and Art Therapy. The programme will consist of behavioural change courses for children and adolescents up to 16 years old, who are abusive, violent or using self-destructive behaviour, as a result of having been exposed to domestic abuse within their home environment and will include healthy relationships work, Move On Group work, and Creative Expressive Therapy groups. | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  |  | Yes |  |  |  | Yes |  |  |  |
| **Referral route** | [referrals@salcare.org.uk](mailto:referrals@salcare.org.uk) | | | | | | | | | |
| **Contact details** | **Olivia Gibson** (She/her)  **Children & Young Peoples Independent Domestic Abuse Advocate (CYPIDVA)**  Salcare, 59 Ray Street, Heanor, Derbyshire, DE75 7GF  Email: [olivia.gibson@salcare.org.uk](mailto:olivia.gibson@salcare.org.uk)  **Office Number:** 01773 764562  **Mobile:** 074839 50055  **Working Hours:** Full time | | | | | | | | | |

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| **Organisation Name** | Intuitive Thinking Skills | | | | | | | | | |
| **Name of Service / Project** | This Ends Here | | | | | | | | | |
| **Description** | Offender programme - an accredited educational programme that promotes SIMPLE and PRACTICAL tools as a means to end the use of abusive and coercive behaviour within families and relationships. The course, delivered over a minimum of eight, three hour sessions, provides the learner with a structured understanding of what drives their behaviours and actions, their feelings and insecurities, along with credible and highly specific skills to CHANGE these behaviours and actions. It is these SKILLS, KNOWLEDGE and TOOLS that enable the learner to recognise the consequences of their CONDUCT, therefore encouraging full responsibility for their own CHOICES whilst also removing fear of change. The final part of the course is the development of a personalised and meaningful plan of change, including specific actions to be taken, embedded and reviewed. The course includes a considerable amount of self-reflection work, delivered by a skilled Tutor with direct personal experience of domestic abuse. This restorative justice approach is deliberately hard-hitting and presents the participant with a simple set of decisions regarding their future use of control, coercion and/or violent behaviour. | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  | Yes |  |  |  |  |  |  |  |  |
| **Referral route** | Referrals taken from a range of agencies, including social care, drug and alcohol treatment services, Derbyshire Constabulary and criminal justice.  Referrals to be made through our secure, online network by accessing:  <https://www.intuitivethinkingskills.co.uk/fast-referral/>  Upon receipt, the relevant Tutor will be in touch to update you and request more sensitive information if required. | | | | | | | | | |
| **Contact details** | Head Office: 0161 223 1094  [info@intuitivethinkingskills.com](mailto:info@intuitivethinkingskills.com) | | | | | | | | | |

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| **Organisation Name** | Intuitive Thinking Skills | | | | | | | | | |
| **Name of Service / Project** | Enough's Enough | | | | | | | | | |
| **Description** | A complimentary course offered to those affected by the abuse of the referred offender. An accredited educational programme that promotes SIMPLE and PRACTICAL tools as a means to allow people who have been abused within a domestic environment to either reconcile their existing relationship, free from fear, guilt and misplaced dependence, or to enable them to move on and build new relationships. Drawing heavily on our Tutors who have freed themselves from abuse, The “Enough’s enough” course recognises that people who have been abused hold a range of conditioned beliefs and feelings that keep them caged and tied to the abuser, leaving them unable to break free and reluctant to embrace change. The course, delivered over a minimum of eight three-hour sessions, provides the learner with a structured understanding of all forms of abuse, what drives their partners (ex or current) behaviour and actions, without excusing it and misplacing blame. Credible and highly specific skills are taught to CHALLENGE their own beliefs and insecurities that have been instilled and it is these SKILLS, KNOWLEDGE and TOOLS that enable the learner to recognise the consequences of their abusers behaviour, thereby empowering their own CHOICES whilst also removing fear of change. The final part of the course is the development of a personalised and meaningful development plan, including specific actions to be taken, embedded and reviewed. | | | | | | | | | |
| **Geographical area covered** | City | County | Amber Valley | Bolsover | Chesterfield | Derbyshire Dales | Erewash | High Peak | North East | South |
|  | Yes |  |  |  |  |  |  |  |  |
| **Referral route** | Referrals taken from a range of agencies, including social care, drug and alcohol treatment services, Derbyshire Constabulary and criminal justice.  Send this referral through on a separate form along with your This ends Here referral, naming the offender the person is connected to in the Safeguarding box provided. Referrals to be made through our secure, online network by accessing:  <https://www.intuitivethinkingskills.co.uk/fast-referral/>  Upon receipt, the relevant Tutor will be in touch to update you and request more sensitive information if required. | | | | | | | | | |
| **Contact details** | Head Office: 0161 223 1094  [info@intuitivethinkingskills.com](mailto:info@intuitivethinkingskills.com) | | | | | | | | | |